

RESOURCES FOR SUPPORTED DECISION-MAKING



Many organisations are now providing information about supported decision-making. The following is a list of key resources across Australia:

Scope Australia – Resources for practitioners, families and other supporters

<http://www.scopeaust.org.au/research-project/decision-making-support-building-capacity-within-victoria/>

Access to resources that assist people with decision-making.

Resources for people who want to make decisions

<http://www.support-my-decision.org.au/>

This website breaks down the decision-making process into simple steps for people to use on their own or as an aid in discussions about making specific decisions.

National Disability Insurance Scheme (NDIS) and supported decision-making

https://mhaustralia.org/sites/default/files/docs/supported_decision_making_fact_sheet.pdf

This Fact Sheet provides information on the NDIS and how to get support for making decisions through the scheme.

The following is a list of resources focusing on the compulsory mental health system in Victoria:

Office of the Public Advocate

<http://www.publicadvocate.vic.gov.au/advocacy-research/supported-decision-making>

This website includes support, information, networks and resources to facilitate supported decision-making and other matters related to consent and guardianship for people with disabilities.

Victorian Department of Health and Human Services 'Mental Health Act 2014 Handbook'

<https://www2.health.vic.gov.au/mental-health/practice-and-service-quality/mental-health-act-2014-handbook>

This Handbook contains general information for clinicians to ensure their practice is in accordance with the *Mental Health Act 2014* (Vic). Legal advice should be sought for specific queries.

Victoria Legal Aid 'Introduction to the Mental Health Act 2014'

<http://www.legalaid.vic.gov.au/information-for-lawyers/practice-resources/mental-health-law/introduction-to-mental-health-act-2014>

This information is aimed at lawyers and focuses on the provisions of the *Mental Health Act 2014* (Vic).

Advance statements

<https://www2.health.vic.gov.au/mental-health/practice-and-service-quality/mental-health-act-2014-handbook/recovery-and-supported-decision-making/advance-statements>

Examples, templates and a video guide for completing advance statements in Victoria can be found at this site.

Nominated persons

<https://www2.health.vic.gov.au/mental-health/practice-and-service-quality/mental-health-act-2014-handbook/recovery-and-supported-decision-making/nominated-persons>

Victorian Government information on the role and requirements of nominated persons.

Statement of rights

<https://www2.health.vic.gov.au/mental-health/rights-and-advocacy/rights/rights-statements-of-rights>

Victorian Government information regarding the provision of a statement of rights to people receiving treatment for mental illness.

Second psychiatric opinions

<https://www2.health.vic.gov.au/mental-health/practice-and-service-quality/mental-health-act-2014-handbook/recovery-and-supported-decision-making/second-psychiatric-opinions>

Victorian Government information regarding the provision of a second psychiatric opinion.

Compulsory Treatment Orders

<https://www2.health.vic.gov.au/about/publications/factsheets/Mental%20Health%20Act%202014%20-%20Compulsory%20Treatment%20Orders%20factsheet>

Link to a Victorian Government Fact Sheet regarding the use of Compulsory Treatment Orders.

Independent Mental Health Advocacy (IMHA)

<https://www.imha.vic.gov.au/>

1300 947 820 (9:30am – 4:30pm Mon to Fri, except on public holidays)

IMHA is a free, independent and confidential advocacy service for people on Compulsory Treatment Orders under the *Mental Health Act 2014* (Vic).

Mental Health Tribunal (Victoria)

<http://www.mht.vic.gov.au/>

Information on the roles and responsibilities of Victoria's Mental Health Tribunal

This Fact Sheet is part of a series of resources designed to improve supported decision-making practices for people experiencing mental health challenges and to assist families and other supporters' participation in supported decision-making. These resources can be used individually, as an aid to policy development, and as a training tool.

See also:

- What Is Supported Decision-Making? Fact Sheet
- Supported Decision-Making Legal Mechanisms Fact Sheet
- Practices To Improve Supported Decision-Making In Mental Health Services Fact Sheet
- Guidelines For Supported Decision-Making For Mental Health Services
- Introduction To Supported Decision-Making For People Experiencing Mental Health Challenges And Their Families And Other Supporters
- Report – Options For Supported Decision-Making To Enhance The Recovery Of People Experiencing Severe Mental Health Problems
- Online Resources – <http://research.healthtalkaustralia.org/supported-decision-making/support-in-treatment-decisions>

The information contained within this module is based on qualitative research conducted in Australia by researchers based at RMIT University, Monash University and the University of Melbourne. This project was funded by the Australian Research Council Linkage projects scheme (LP130100557) 2014 – 2018. The six partner organisations supporting this project were: the Victorian Department of Health and Human Services (DHHS), Mind Australia (Mind), Neami National, Wellways, Victorian Mental Illness Awareness Council (VMIAC) and Tandem Carers.

